

# IN RECOVERY? KNOW YOUR HEALTHCARE RIGHTS.



## As a person on a pathway of recovery from substance use disorder, I have the right:

1. To be treated with dignity and respect every time I seek medical care.
2. To be trusted as a capable expert and resource for my own recovery rather than as a person having a moral failing.
3. To request care from medical providers who have an understanding of the science of addiction.
4. To obtain healthcare that is without judgement or stigmatizing language.
5. To receive trauma-informed care that requires my consent before each step of the treatment process.
6. To have my concerns be taken seriously and not be assumed to be "drug seeking."
7. To be given factual information about multiple pathways of recovery in order to make well-informed and autonomous decisions.
8. To be treated by medical providers who understand the barriers to obtaining care.
9. To receive information on resources available for treating substance use disorder.
10. To understand all of the benefits, risks or expectations of any treatment, especially those involving medications with known addictive qualities.

# YOU ARE NOT ALONE. KNOW YOU HAVE RIGHTS.\*

For more information and recovery-related resources, check out the following organizations:



[SAMHSA.gov](https://www.samhsa.gov)



[knowyouroptions.me](https://www.knowyouroptions.me)



[211maine.org](https://www.211maine.org)



[recoveryvoices.org](https://www.recoveryvoices.org)



[recoveryanswers.org](https://www.recoveryanswers.org)



[facesandvoicesofrecovery.org](https://www.facesandvoicesofrecovery.org)



[portlandrecovery.org](https://www.portlandrecovery.org)

\*The information provided on this card does not, and is not intended to, constitute legal advice. Please be aware that all patients have a right to ask their medical institutions for a copy of their Patient's Rights and Responsibilities, as well as receive information on how to file a grievance if they feel a violation of their rights has occurred.