

Resources for Substance Use Prevention in the BIPOC community

These guides address this key issue for People of Color *and* their allies:

[Live Another Day](#)

Live Another Day was founded with the purpose of providing equal access to life-saving resources. They offer dozens of resources for finding help for mental health and substance use

[Live Another Day: Substance Abuse & Mental Illness Recovery Support](#)

[Support for BIPOC Parents](#)

An extensive resource list curated for BIPOC parents. This guide was put together by the experts at [Louisville Addiction Center](#)

[32 Addiction & Mental Health Resources For BIPOC Parents](#)

(louisvilleaddictioncenter.com)

[Resources for Latinx Students](#)

Extensive resources for Latinx college students and their allies, but together by [Tulip Hill Recovery](#)

[32 Resources For Latinx College Students | Murfreesboro, TN \(tuliphillrecovery.com\)](#)

[A Guide for Addressing the Loneliness Epidemic](#)

In May, Surgeon General Dr. Vivek Murthy issued a special report on the public health crisis of loneliness in America. [T.R.U.E Addiction and Behavioral Health](#) has put together this incredible guide with dozens of mental health and substance use resources that can help.

[The Loneliness Epidemic: Resources To Support Mental Health \(trueaddictionbh.org\)](#)

Gratitude to:

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For compiling and sharing these resources.